

Week 3 of the January Fasting Series: The 21-Day Fast.

Tour of the Book of Daniel:

- Dan 1
- Dan 2:18
- Dan 3
- Dan 4
- Dan 6:18
- Dan 9:3
- Dan 10:3

Background to Daniel

Daniel and his friends resolved not to defile **יִתְגַּאֲלוּ** (yit ga' al) themselves.

Dan 1:17-20

Hebrew/Babylonian Names:

Hebrew	Babylonian
Daniel (“God is my judge/vindicator”)	Belteshazzar (May ‘Bel’ protect his life.)
Hananiah (“Yahweh is gracious”)	Shadrach (Unclear meaning, possibly a reference to the pagan god Marduk)
Mishael (“Who is what God is?”)	Meshach (meaning also unclear, possibly connected with Marduk)
Azariah (“Yahweh is my help”)	Abednego (“servant of Nebo”)

Reflection Question:

“What kinds of situations might you encounter today that would challenge you to compromise your values and beliefs? Where do you draw the line so that you could cooperate where possible but never compromise essentials?”