

AIC Update

RE: Move to CAIS

Please note the following important updates regarding our move to CAIS in Lai Chi Kok.

- Last Sunday at APSW will be **23 Oct**
- Soft-Launch period (**30 Oct - 20 Nov**)
- AIC public opening date at CAIS: **27 Nov**
- We need your help with the physical move, ministry move, and the office move.

EHS: Emotionally Healthy Spirituality

We should be i_____ about our relationship with God.

We set aside time for meals, meetings, and games. Why don't we plan to set aside time each day, each week, and each month to be with God and grow in our faith?

John 15:4-8 tells us we should "a_____ in Christ." This means we should dwell with, remain with, and spend time with Jesus. This is not a Sunday thing, but a daily dwelling with Him.

Take time today to list out some ways you will actively and intentionally plan to invest your time and heart into your relationship with God. Use this for your personal walk with Christ, as well as sharing it with your family, and considering to use it in discussion with your community groups.

Daily	Weekly
Monthly	Yearly

Draw or write 10 ways you find fulfillment through experiencing God.

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

Note: We should be extremely cautious before we orient our faith around the teachings of Catholic monks and mystics. They have a long history of unbiblical teachings and often preach a different gospel (see Galatians chapter 1). However, there are some approaches to faith in church history that have been used by many Christians that have also been used by Catholic monks and mystics. Being intentional about faith and developing a relationship with God is one of them.