

# Known

## July 9, 2023

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### Psalm 139:1-18, 23-24

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There is an innate desire in humans to know and be known. Psalm 139 declares that we are intimately known by God.

- ✎ It's not just that God knows all things, He knows you!
- ✎ It's not just that God is everywhere, He is with you!
- ✎ It's not just that God created all things, He created you!

If we take Psalm 139 at face value, and apply to us individually, as well as collectively as the church, it should change how we live. Who we are, what we do, what we think, and where we go is all known by God. But the question is whether we know and trust this God who has an all-access passport to our life.

## **Known – Psalm 139**

### **Small Group Discussion**

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The Psalms are intended to not only teach us, but also to stir up the emotions of our hearts and bring about a response. What the response will be depends heavily on what we believe about God. Psalm 139 can bring about negative emotions like fear, shame, and anger, as well as positive emotions such as joy, an emotional sense of security, love, and praise.

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#### **Read Psalm 139:1-18, 23-24:**

- 1) What emotions or thoughts do you have when you consider verses 1-6? We can read David's response in verse 6, but what about you? What do you think those thoughts and emotions tell you about your relationship with God?
  - 2) What about verses 7-12? Do you picture a helicopter parent who is always looking over your shoulder and condemning you wherever you go? Or do you picture a loving presence that will guide and protect you wherever life leads you?
  - 3) What emotions or thoughts does verses 13-16 bring up in your mind or heart? Discuss why you think or feel those things.
  - 4) David responds in worship and awe in verse 17-18. Then in verses 23-24, he makes a prayerful request. If David already knew what he claimed in the first verse of Psalm 139, why do you think he made this request in verses 23-24?
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Give praise and thanks to God. Pray verses 23-24. And then pray for the courage to live out your lives trusting that Psalm 139 is true for you individually as well as a group.