

Summer Series 2025

The Fruit of the Spirit - “Goodness”

Ephesians 5:8-17 (NIV)

August 10, 2025

Sermon Points:

1. Introduction: “Share a moment of goodness you experienced this week.”

- The Bible describes Creation as good
- Goodness = *agathosune* = “quality or characteristic of being concerned about the well-being of others”
 - It is found only 4x in the NT and nowhere else in other writings
- Goodness is from God alone, for He alone is good
- God’s goodness is like the sun - it comforts but also humbles us
- **Takeaway: Goodness Comforts & Convicts**

2. Ephesians 5

- Context:
 - Circular Letter
 - Leading Urban Center (like Hong Kong!)
 - Doctrine + Duty
- V.8-10 – Light
 - In contrast to Darkness
 - You ARE light -> IDENTITY CHANGE
 - God’s holy people’s holiness is IN Christ
 - Eph. 1:13 - Imputed Righteousness
 - What Pleases the Lord: *Are we looking to find? How can we know it?*
- V.1-2 - God’s Example in Christ
 - Self-giving love
 - The cross is God’s goodness in the flesh
- V.3-7 - What is NOT goodness
 - BUT rather thanksgiving
 - *What are you thankful for?*
- V.11-20 - What IS goodness
 - Expose darkness
 - Receive Christ’s light
 - Days are evil, but they were originally created good
 - Lord’s will = Filled with the Spirit - Imparted Righteousness

Discussion Questions:

1. How would someone describe your identity? How does your identity shape your actions?
2. Where do you think non-Christians look to find what is “good”?
3. Today, do you need more comfort or more conviction?... How can the two work together?

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